

# A Bible Prophecy Series

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## The Lost Day of History Pt. 1

### Lesson #8

#### *Introduction:*

Did you know God has a special date with you every single week?

1. **Which commandment mentions time?** - Exodus 20:3-17  
The only commandment dealing with time is the fourth commandment (verses 8-12). How many people keep the fourth commandment? How many of us take a day to rest? We may think it doesn't matter anymore...but to God AND us, it does.
2. **What day does the Bible say the Sabbath is?** - Exodus 20:10  
If we go by the Bible and the Bible only we can clearly see that the seventh day is the Sabbath.
3. **How do I know what day the seventh day is?**
  - 1 – Any regular calendar will say the seventh day is Saturday
  - 2 – Look up the word Saturday in the dictionary
  - 3 – Over 105 languages in the world use the word Sabbath for Saturday. Ex. Spanish is Sabado, Russian is Subbota, Italian is Sabato etc...
4. **Can this be seen at the resurrection?** - Luke 23:52-56 and 24:1-3  
Jesus died on what we call Good Friday and what the Bible calls the preparation day. The Bible says that the women rested on the Sabbath, according to the commandment...This must have been Saturday. Then they returned to the tomb on the day Jesus was resurrected, what we call Easter Sunday and what the Bible calls the first day of the week. Isn't it great that the Bible makes things so clear for us?
5. **What did Jesus do on the Sabbath (Saturday)?** - Luke 4:16  
Jesus was found worshipping God in the synagogue on the Sabbath.
6. **After Jesus died did the disciples continue to keep the Sabbath?** - Luke 23:56  
The book of Luke was written 35 years after the resurrection of Christ and Luke still upheld the Seventh Day Sabbath.
7. **When was the Sabbath first given to man and for what purpose?**  
Genesis 2:1-3  
The seventh day was blessed and made holy at creation. God led by example and rested Himself on the seventh day.
8. **Why do we worship God?** – Revelation 4:11  
God alone is worthy of worship because He created us.
9. **Will God's end time people keep all Ten Commandments?**  
Revelation 12:17, 14:12, 22:14  
Yes, God's end-time people will be keeping all Ten Commandments including the Sabbath the fourth Commandment.

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10. **What day will we be worshipping on in Heaven?** - Isaiah 66:22, 23  
Even in Heaven we will all worship God on His Holy seventh day Sabbath.
11. **What about the Lord's Day?**  
Revelation 1:10, Exodus 20:10, Isaiah 58:13, Mark 2:28  
The Bible is very clear that the Lord's Day (which is only mentioned in Rev. 1:10) is in fact God's seventh day Sabbath.
12. **Are there other Sabbaths mentioned in the Bible?** - Leviticus 23:24-28  
There are other Sabbaths (holidays) mentioned in the Bible. Those mentioned here fell on different days of the year. (i.e. first day of the month, tenth day of the month etc...) These are distinct and different from the Seventh Day Sabbath.
13. **Do we need to honor these other Sabbaths?** - Leviticus 23:37,38  
These annual Sabbaths were "beside" or in addition to the Seventh Day Sabbath. These were associated with the sacrificial system, therefore they pointed forward to something Jesus would do in the plan of salvation. They looked forward to the cross with these ceremonies and we look back to the actual experience on the cross. Ex. Passover foreshadowed Jesus death on the cross.
14. **Why did Paul write 1 Corinthians 7:19?**  
Jewish Christians were trying to force Gentile converts to keep the ceremonial sacrificial days and circumcision to be saved. Paul made it clear that we don't need to be circumcised or keep the ceremonial law but we do need to obey God's moral Ten Commandment law which includes the Sabbath.

BUT, who in the world changed the Sabbath if it wasn't God? Let's continue to study this subject next time as we investigate The Lost Day of History PT. 2.